## **Bed Trapeze**



A bed trapeze is another addition to a bed to help with weakness or mobility restrictions. The overhead bed trapeze improves the ability to move the body in bed, position correctly and assist the caregiver with movement. The trapeze is a good option for people dealing with the inability to move their lower extremities. Bed trapeze's come in free standing models or models that attach to a hospital bed. They are

usually constructed of steel with a handle hanging from a chain, and have the option to adjust to various bed heights. Refer to individual models for the safe weight capacity.

## Typical hospital bed trapeze setup

Attach brackets to the head board. (The brackets are different. The one with the tightening mechanism attaches to the upper edge.)

The trapeze fits into both holders and the top flap is tightened for security.

The triangle unit can be adusted for placement (closer to headboard or further away) and for chain length.

## **Typical free-standing trapeze setup**

Attach brackets to the metal frame. (The two brackets are different. The one with the tightening mechanism attaches to the upper rail.)

The trapeze fits through both brackets and all mechanisms are tightened for security.

The triangle unit can be adusted for placement (closer to headboard or further away) and for chain length.