

Sit to Stand

A Sit to stand lift is a mechanical device designed to allow caregivers an easier method to assist a loved one from a sitting to standing position. The patient does require the ability to partially support their bodyweight when standing, ability to control their trunk and grasp to hold the lift arms, and also must be able to follow basic instructions. Sit to stand lifts come in a variety of models and can be operated manually or electronically. Their basic components are a metal frame, foot platform, knee pads, lift arms, casters, sling, and lift mechanism. Sit to stand lifts improve the safety of both the patient and caregiver.

Different styles of sit to stand lifts



Manual sit to stand model



Electric sit to stand model

Different types of slings



Manual sit to stand model



Manual sit to stand model



Manual sit to stand model

Please make sure that you receive the proper training when using a sit to stand lift with a patient. Injury may occur if misused. A basic training guide from Invacare can be found online at: <https://www.youtube.com/watch?v=dA1IAGIF9T0>

Other how-to videos are also available on YouTube. These can be used to supplement the proper training.