Quad cane with large or small base



The rotating base swivels and locks into position to accommodate right-handed or left-handed users and is available in small or large for greater stability.)ush-button height settings ensure a proper fit, which reduces stress on your wrist, shoulder and back.

- Height adjustable from 28" to 39" (71 to 99 cm)
- 11 push-button height adjustments fit most people 5'-6'5" (152 198 cm)*
- Select the push-button setting that puts the cane handle at wrist level
- Shock Absorbing Tips Ultra-Grip Edge[™] with flared rubber tips for extra stability and traction
- K-shaped Quad Base Small or large base provides greater stability, easily rotates for right or left hand use
- Free Standing Conveniently stands on its own
- Maximum Capacity 300 lbs (136 kg)

Walking With a Quad Cane

To walk with a quad cane, follow these simple steps.

- 1. Hold the cane in one hand. If one leg is weak, hold the cane in the hand opposite the weak leg.
- 2. Advance the quad cane forward about one arm's length. Be sure all four legs of the quad cane contact the floor to prevent tipping.
- 3. Step forward with the weak leg.
- 4. Gently press down into the handle of the quad cane with your hand to help with stability. Advance your other leg just slightly past to first foot.
- 5. Repeat this cycle.

Be sure your PT helps you set your quad cane up and avoid common mistakes that some folks make when walking with a cane.