

How to use a dressing stick



Use the dressing stick to help push your shoes off of your feet. The dressing stick has two hooks on one end. Use the hook pointing down, slip it in the heel of your shoe, and push! Off goes your shoe!



Use the dressing stick to help push your socks off of your feet. In a similar manner used to take off your shoes, place the hook in the heel of your sock, and push! Voila!



Push your pants down your hips as far as you are able. Use the dressing stick to help push each pant leg off your legs.



Use the dressing stick to help thread each leg into your pants. Use the hooks to draw the pants up until you are able to reach with your own hands. Stand, and pull your pants up.