

## Bath Transfer Bench



A bath transfer bench is designed to sit partially over the edge of a tub, allowing the user to sit down outside the tub avoiding stepping over the tub edge. The user then transfers (slides) across the bench and into the tub while remaining seated. Therefore, there is no need to stand on a slippery surface during bathing. Most bath transfer benches are made of aluminum and/or plastic, have push-pin adjustable legs to allow a level seating surface between differences in floor and tub bottom heights, a back rest, and perforated seat to allow water to drain off the seating surface.

The bath transfer bench improves safety for anyone dealing with generalized weakness, mobility restrictions, or post-surgical recovery.

An average bath bench measures 30" long by 20" deep at the base. The back is adjustable to fit both a right-facing or left-facing shower head allowing the user to face the shower head. It is designed for use with shower curtains closures (just tuck the shower curtain around the bench to prevent water from flowing out), but not with shower doors, as they will not allow access in that small opening. This piece does not extend deep enough to fit into garden/jacuzzi tubs.

To adjust...underneath the bench are;

- 1) backrest slots, with push button adjustments on the backrest,  
or
- 2) bolts or screws that can be removed and repositioned.

Place transfer bench upside-down on a flat surface. Depress push buttons on each adjustable suction leg and slide onto the bench frame on the side where the backrest slots are located (see **Figure 1**).

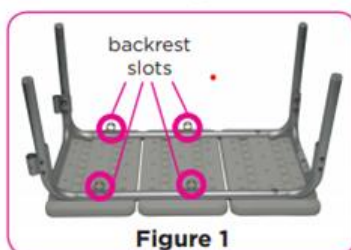


Figure 1

slots and secure by engaging the push buttons (see **Figure 3**). The backrest can be attached to either side of bench, depending of which way user would like to face.



Figure 3